



Liquid Grace
adventures

5 Day Adventure Camps – Package Details & Information

Description:

Our 5 day camps are geared towards those individuals who wish to experience more than just Wakeboarding and Waterskiing. Besides spending most days on the boat you will also have the opportunity to explore the Garden Route and surrounding areas while you Mountain Bike through the forests, kayak down one of the many rivers, jump off some of Africa's highest bridges or abseil the Knysna cliffs. We can assure you that every day will be different and you will be challenged as you conquer your fears.

Duration:

Our 5 day adventure camps usually run from Sunday through to Saturday and we can accommodate groups of 6 or more participants anytime during the year. Please view calendar on our website to see dates for set 5 day adventure camps. Should these dates not fit your schedule please contact us to arrange alternate dates.

If using own transport:

- Arrive @ 17h00 Day 1 (Earliest)
- Depart @ 09h00 Day 7 (Latest)

If using Liquid Grace Transport:

- Collect @ 15h00 Day 1 (From designated departure point)
- Depart @ 09h00 Day 7

Activities:

- Wakeboarding
- Wakeskating
- Waterskiing
- Wakesurfing
- Surfing
- Tubing
- Mountain Biking
- Kayaking
- Fishing
- Minimum of one of the following – Bungi Jumping / Abseiling / Bridge Swinging / Zipline Tour

Note: Additional activities can be included on request for group bookings. Costs indicated below may vary depending on additional activities selected.

Costs:

R4,850.00 per person (Excluding travel – Please view website for travel costs and places of departure)

10% discount for any Camp between May and August

E-Mail: info@liquidgrace.co.za / Web: www.liquidgrace.co.za

Tel: 083 299 6913 / Fax: 086 616 2762

P.O. Box 1256, Sedgefield, 6573, South Africa



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Includes:

- All Meals
- All Activities and Equipment
- Accommodation
- DVD with video footage and pics of entire camp

What to Bring:

Recommended:

- Boardies & Costumes
- Warm clothing
- Wetsuit
- Spending money
- Toiletries (Toothbrush, deodorant, soap, shampoo etc)
- Hat, sun block
- Towels (x 3)

Optional:

- Own equipment (Wakeboards, bindings, surfboards etc)

Expected Daily Schedule:

This is only an example of what your day may look like and can be changed by Liquid Grace without prior notice depending on weather and other unforeseen circumstances. Camps between May and August will not include early morning riding sessions. Our camps include 5 full days of adventure and activities – with us you get value for money.

Day 1:

- 15h00 – Collect at your destination as indicated and leave for Sedgefield.
- 15h30 to 20h00 – Arrive at Liquid Grace (Will depend on place of departure)
- 20h30 – Dinner (Braai/BBQ)
- 21h30 to 23h00 – Bed time

Day 2:

- 06h00 to 08h00 – Wakeboarding/Waterskiing session
- 08h00 to 09h00 – Breakfast
- 09h00 to 12h00 – Wakeboarding/Waterskiing session or other activities
- 12h00 to 13h00 – Lunch
- 13h00 to 19h00 – Wakeboarding/Waterskiing session or other activities
- 20h00 – Dinner
- 21h30 to 23h00 – Bed time

Day 3:

- 08h00 to 09h00 – Breakfast
- 09h00 – Day will be spent either Bungi Jumping, Abseiling or Bridge Swinging
- 13h00 – Lunch
- 20h00 – Dinner
- 21h30 to 23h00 – Bed time

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Day 4:

- 06h00 to 08h00 – Wakeboarding/Waterskiing session
- 08h00 to 09h00 – Breakfast
- 09h00 to 12h00 – Wakeboarding/Waterskiing session or other activities
- 12h00 to 13h00 – Lunch
- 13h00 to 19h00 – Wakeboarding/Waterskiing session or other activities
- 20h00 – Dinner
- 21h30 to 23h00 – Bed time

Day 5:

- 08h00 to 09h00 – Breakfast
- 09h00 – Day will be spent out on the river kayaking
- 13h00 – Lunch (Enjoy lunch while cruising down the river)
- 20h00 – Dinner
- 21h30 to 23h00 – Bed time

Day 6:

- 06h00 to 08h00 – Wakeboarding/Waterskiing session
- 08h00 to 09h00 – Breakfast
- 09h00 to 12h00 – Wakeboarding/Waterskiing session or other activities
- 12h00 to 13h00 – Lunch
- 13h00 to 19h00 – Wakeboarding/Waterskiing session or other activities
- 20h00 – Dinner
- 21h30 to 23h00 – Bed time

Day 7:

- 08h00 to 09h00 – Breakfast
- 09h00 – Pack and depart

* Other activities as mentioned above could include surfing, mountain biking, kayaking, trampoline sessions, beach soccer, volley ball or cricket.

* Day's 3 & 5 – Evening Wakeboarding / Waterskiing session will be fitted in if we return in time from day's activities and weather permitting.

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